

Jackie Partridge's Expert Insights



Jackie Partridge is a nurse prescriber and clinical director of Dermal Clinic. She is a founding board member of the BACN, and is now an honorary member.

Here, *Aesthetics* shares her tips on holistic treatments for patients...

How do you assess what topical treatments are suitable for patients based on their skin condition?

When assessing patients' skin, I use a VISIA scanner to see fundamentally what's happening with the skin. We use a lot of vitamin A products and other actives so we can step patients up or down, depending on reactions to topical skincare. By combining topicals like this with medications, we can target most common conditions for patients.

What are your preferred topicals to use for skin rejuvenation?

It depends on the individual presentation. For example, I might use azelaic acid for a patient with rosacea, whereas I might use prescription medication for a patient who has acne-prone skin. It is dependent on the patient, and a case-by-case approach is necessary.

How do you balance patients' profiles when treating both the lips and chin?

Profiling is something I'm passionate about. When I'm presenting or teaching for Galderma, I emphasise that it's crucial to assess the patient. I scan patients' thirds from superior to inferior, as well as the fifths across a patient's face, looking at balancing and assessing on animation too.

What are your top pieces of post-treatment skincare advice for after injectable procedures?

Less is more. I don't want any overly active skincare ingredients to be used on their skin, and I want my patients to avoid any vigorous massages when applying post-treatment skincare. So, whatever patients are using, I want them to do it gently. And of course, SPF is a must.

As a trainer for various treatments, can you tell us about any upcoming educational talks/events you have planned?

I'm presenting at CCR on Thursday October 10 with Galderma, which I am really looking forward to. I'll be discussing product selection, as well as the importance of understanding anatomy when looking at augmenting a patient's temple.

CCR

Jackie Partridge is speaking at CCR on Optimising Outcomes with Restylane. Turn to p.22 to register.

LED Treatment

Dermalux debuts Tri-Wave MD LED device

LED phototherapy provider Dermalux has unveiled its new Tri-Wave MD.

The company explains that the device incorporates the largest adjustable four-pod head in the Dermalux range, providing LED treatment using multiple wavelengths over broad skin areas.

The device uses blue light with antibacterial purposes, red light to accelerate activity in the skin and near infrared light to aid skin function with up to 240 j/cm² in a single treatment session, according to Dermalux. The Tri-Wave MD also features a patent-pending Cooling System to improve patient comfort.

Nurse prescriber Kate Monteith-Ross reflected, "The Dermalux Tri-Wave MD stands alone in the specialty, there is no comparison – there is nothing else which is able to achieve what it can achieve. In my opinion, in a few years' time, having a Dermalux device in every clinic will be a necessity and not a choice. It's not a matter of if, but when."

Dermalux is exhibiting at CCR 2024. Turn to p.22 to register free now.

Aesthetic Supplier

Online pharmacy Complete Clinic Supply launches

New pharmacy Complete Clinic Supply (CCS) has opened to provide a range of aesthetic injectables, devices and accessories.

The company explains it will offer products including dermal fillers, toxins, radiofrequency devices and lasers, alongside other essentials such as consumables, scrubs, clinical photography equipment and more.

Co-founder and aesthetic practitioner Dr Mohamed Harb commented, "I'm so excited to launch CCS, introducing my one-stop shop for clinics and practitioners and addressing the specialty's supply chain challenges head-on. As a practitioner myself, I'm passionate about creating practical solutions. This is just the beginning – the vision for CCS is being more than just another supplier. Our commitment to growth focuses on empowering our customers and their businesses to thrive alongside us."

Skin

DIBI Milano expands Body Vitality skincare line

Dermocosmetic skincare company DIBI Milano has extended its Body Vitality range with the addition of two new skincare products.



The Body Vitality Retinol Smoothing Cream contains retinol in cyclodextrin, which aims to promote skin renewal and improve tone, says the company. The cream, suitable for dry skin, also includes centella asiatica to aid epidermal repair.

The Body Vitality Revitalizing Bath Cream includes probiotics for gentle daily cleansing, according to the company. Key ingredients include lacto-probiotic and probiotic, intended to maintain the skin's natural barrier.

Andrea O'Donnell, head of education at DIBI Milano, commented, "The new revitalising cleanser is enriched with probiotics. Complete your routine with our advanced anti-ageing body cream, infused with retinol, and designed to smooth texture and reduce wrinkles, leaving your skin firmer and brighter."

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